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## THE BUNCO® TIMES

22nd Edition

Spring 2009

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“A HAPPY SPRING TO ALL OF YOU”

### A note from the WBA:

*Thank you to all of you who participated in our World Bunco Championship in Las Vegas. We also want give a huge thank you to those players who assisted us throughout the tournament. We had some challenges, learned from some mistakes and appreciate all of you who stepped up to help. We also grateful for the wonderful emails we received after the tournament. Thank you!*

*We are looking forward to a great Championship in 2010. We will send you an email as soon as we have next year's date. But in the meantime.....*

WBA

### Latest News:

For all of you who have been asking if we are going to “do” Nashville again this year, the answer is YES! We are happy to announce our 2nd Annual Bunco Bash Regional Championship Tournament will take place October 2-4, 2009 at the Gaylord Opryland Hotel in Nashville TN. This tournament will be one of four regional championships leading up to the World Bunco Championship 2010. We will email you or check back on [worldbunco.com](http://worldbunco.com) for the tournament dates.



Leslie Crouch



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### It's Bunco Time:



Come join us and help raise money for . Everyone wins in helping us to get closer to a cure for cancer through research. Come be a part of our journey. Go to [www.worldbunco.com](http://www.worldbunco.com) and sign up today. Seats are filling up quickly. Don't miss out on all the fun. Get your seat now before they are all gone.

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**\*Ask Babs:**

For any game questions I can be reached at: [babs@worldbunco.com](mailto:babs@worldbunco.com)

**Dear Babs,**

**When are we going to be receiving our Bunco Tournament CD we purchased at the Championships?**

**Thank you,**

**Karen Butler, ND**

**Dear Karen,**

**Thanks for asking. We spoke with the producers and they let us know we should be getting to see the edited version next week. If it's complete at that time we should be able to get them out shortly thereafter. We are anxious to see it too.**

**Best,**

**Babs**

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Let the Good Times Roll:



**Please share your Bunco game night recipes or party ideas with us  
Your recipe might even be published here or in our new upcoming  
It's Bunco Time Cookbook!**

[mac@ebunco.com](mailto:mac@ebunco.com)

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## SPRING RECIPES

Congratulations to our "recipe winners"!!! All the recipes submitted at the Championship were fantastic. Your Bunco parties are sure to be a hit with these fabulous party pleasers. We want to thank all who participated by submitting your recipes. Please see winning recipes below.

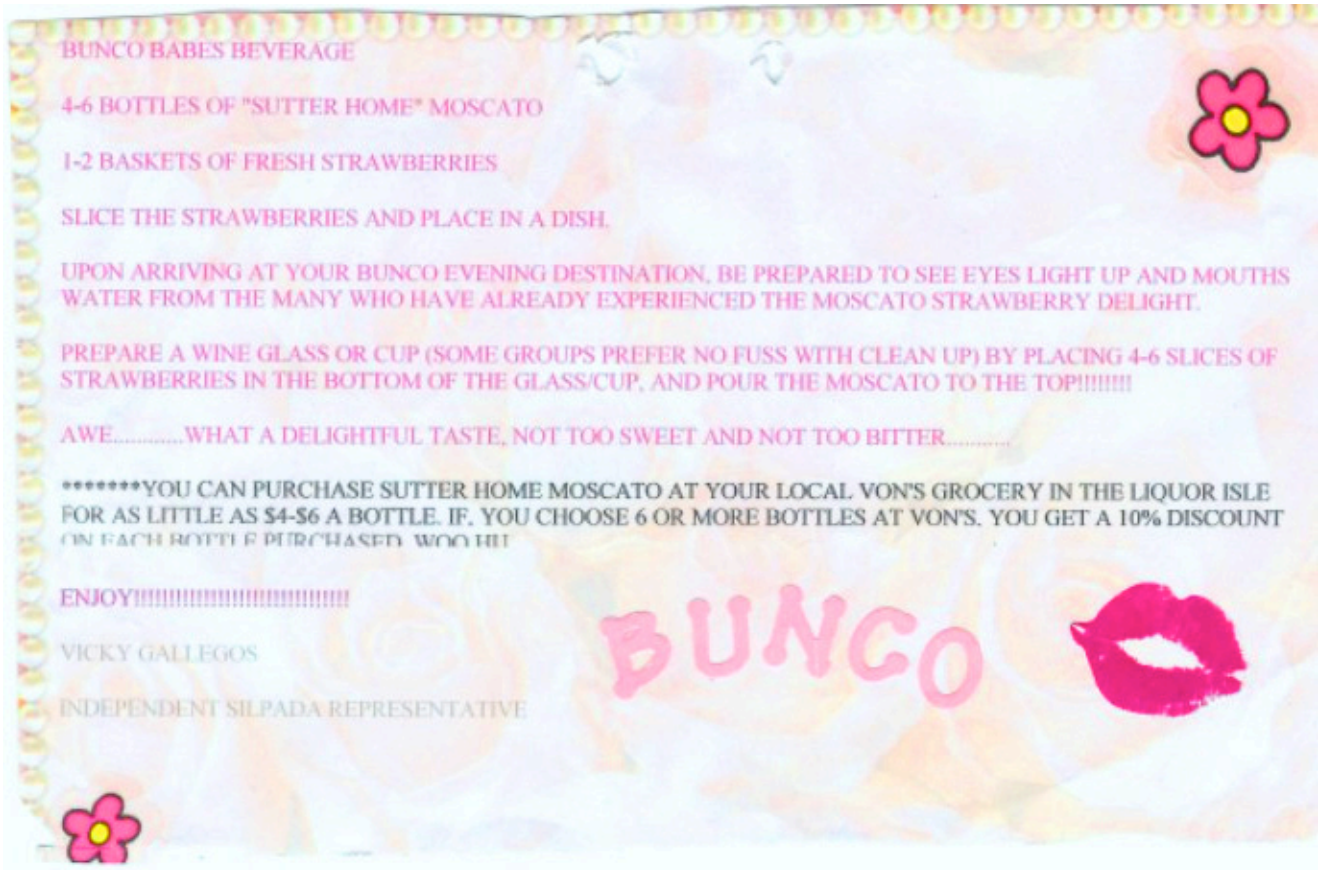
**First Place winner: Vicky Gallegos**

**Second Place winner: Desperate Dice Wives of Arizona**

**Third Place winner: Kathy Lea**

\*Watch for your prizes in the mail.\*

**1st. Vicky's Recipe**



**2nd. Desperate Dice Wives recipe:**

**BUNCO  
SMOOTHIES**

Bananas, 2 of them

Umbrellas, 4 of the little paper kind

Non-fat vanilla yogurt, 6oz container

Crushed Ice

Orange juice, 2 cups



Put the bananas, yogurt, ice & orange juice in a blender. Blend until smooth. Pour into 4 party cups & garnish each with an umbrella.

Makes 4 smoothies

Variation (recommended!) Add 4oz of your favorite rum before blending.

### 3rd. Kathy Lea's Recipe

A Recipe for Bunco

Start with 12 ladies, Add good food & drink. Mix well.

Divide into 3 tables

Add laughter & loud noises

Shake well

Rotate for fun

Continue to laugh & shake

When done, you'll hear BUNCO!

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Featured Bunco Group(s):



**Here is a follow up to a letter we received from our Bunco friends in England and a wonderful photo of their group. Pauline's letter & Photo below.**

**Thank you Pauline!**

Dear WBA,

Please find attached a photo of our Bunco group in Crawley West Sussex England. I am sorry it took so long to reply but we meet roughly once a month so I took this at our last meeting which was at the beginning of March.

I will name everyone from left to right starting with the back row. Wendy Lovell, Carole Conte, Mary Simmons, Carolyn Cratchley, Pauline Goodege, Bridie Powell, Lorraine O Neill and Joy Green.

The group was founded in 1973 with Bride Lorraine and Wendy being from that original group. They all worked as hairdressers and in their salon there was a lady who had lived in America and she introduced them to the game.

The rest of us have joined since between 1978 and 1983 as original members dropped out. Since then we have been meeting approximately once a month for fun and laughter and a few tears have been shared. Three of the girls have sadly been widowed over the years but have all found new partners and are very happy again now. The rest of us have been married for around 40 years so Bunco must have a magic ingredient!!!

Our format is two tables of 4 people. There is a 'winners' and a 'losers' table. As soon as a pair on the winners table reaches 21 that round finishes and the winning and losing pairs swap tables and away we go again.

We have prizes for Most buncos, Most games, traveller (Bunco peg), Least games and finally a booby prize. The games take place in our homes and we host the evening in a rotation. After the prize giving we have refreshments and catch up on news.

We all started as young married girls and now we all have grandchildren!! It would be great to hear if any of your members know of any other Bunco groups in the UK. Thank you for replying to us and perhaps one day we will get across to America for one of your meetings. We'll keep saving!!

Best Regards Pauline Goodege



### Going green tip of the Month:

#### **Natural household cleaners are the perfect recipe for cheap green spring cleaning.**

After a long winter, a round or two of spring cleaning is a great way to bring a sense of renewal, in addition to fresh cleanliness, to your household. It can clear away the cobwebs of the mind, as well as the rafters.

Unfortunately, over past decades the ever-expanding arsenal of



home cleaning products has included a number of dangerous weapons, loaded with strong, artificial colors and fragrances and harsh cleansing agents like bleach, ammonia, alcohol and more. These chemicals are a major threat to indoor air quality, off-gassing toxic fumes that can irritate eyes and respiratory systems. Children and pets are most at risk, being smaller and closer to the floor. Many cleaners also contain unnecessary antibacterial compounds, which may lead to antibiotic resistance. Instead, look back to a simpler time, and rediscover the natural cleaners of your grandparents. Even the biggest messes and toughest stains can be attacked effectively with baking soda, borax, lemon juice and more. You'll also spend less money and reduce packaging.



### TRY A GREAT “GREEN” NAIL POLISH

A number of companies now offer more natural alternatives to conventional nail polish that are gorgeous and fun, as well as safer for you and the planet.

Examples include the soy- and corn-based Priti and the water-based Suncoat, which hydrates the underlying nail and is available in 32 colors. Bright polishes from ToeShades require no remover to take off: They simply peel away.

Conventional nail polish often contains the solvents toluene and amyl, butyl and ethyl acetate, which are known neurotoxins. Toluene can also trigger asthma attacks. Sometimes the toxic heavy metal lead acetate is included. A number of the common synthetic coloring agents have also been linked to cancer in some studies, especially the coal-tar dyes found in FD&C Blue 1 and FD&C Green 3. The common ingredient formaldehyde is also a suspected carcinogen.



Nail polish often includes the controversial plasticizers known as phthalates. Phthalates are increasingly thought to be hormone disruptors, and a number of studies have linked them to reproductive harm.

You may not have realized it, but your nails are porous and can allow toxins to enter your bloodstream. So why not play it safe and pick a great new "natural" color?



Please send us your Green Tips so we can share them with all our readers. Send to [goinggreen@worldbunco.com](mailto:goinggreen@worldbunco.com)

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